

10 great ways to reduce your environmental impact.

- 1 Try going meat-free at least one day per week
- 2 Go easy on dairy too!
- 3 Choose less popular fish species like hake, pollock, arctic char and tilapia
- 4 Switch to renewable energy in your home: bigcleanswitch.org
- 5 Reuse bags and packaging as much as possible
- 6 Consider switching to an ethical ISA and pension
- 7 Try to repair it first! Clothes, furniture, electrics – don't throw them away too quickly
- 8 Use your freezer to reduce food waste: lovefoodhatewaste.com
- 9 Cut down on non-urgent travel, especially flights
- 10 Could driving an electric car work for you?

Understand your environmental footprint at footprint.wwf.org.uk

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