

Interview Preparation Cards.

When you find out you've got an interview	The day/night before an interview	On the day
Plan what you're going to wear	Get clothes ready and ironed	Eat well
Research how to get to the interview	Eat well	Drink enough water
Create a mind-map of possible questions you might be asked	Practice answering questions with a friend/family member	Leave early
Prepare answers to questions you think might be asked	Go to bed early	Stay calm and be positive
Plan your journey	Make sure you have any requested material ready	Give yourself plenty of time to get ready
Research the company	Check the weather. Will you need to find your umbrella?	Check the traffic / train schedule / bus schedule
Research the people you are meeting with	Set your alarm	Turn your phone off on arrival