



CARE

JOB TYPES: Health Care Assistant (Hospital), Social Carer, Residential Care Assistant, Child Care Assistant

HOW DO I GET INTO CARE?

If you are interested in a career in care, you should:

- be confident to engage with people, giving emotional and physical support
- have excellent timekeeping skills and be reliable
- be passionate about helping people
- develop communication and team work skills, reliability and independent working
- be friendly, cheerful, patient, understanding and supportive

WHAT DO I NEED?

No formal qualifications are required, but you must:

- a good level of English language and literacy
- be able to pass a convictions background check

Useful Qualifications for working in Care: Level 1 Health & Safety, Food Hygiene, First Aid at Work, Infection control, Manual handling

If you would like support in finding work experience or a job in care, or support to fund a DBS check, contact a mentor for more information

WHAT IF I HAVE A CONVICTION?

You will need to pass a DBS check (England and Wales), PVG check (Scotland) or AccessNI check (Northern Ireland) to show that you are suitable for this type of work.

Convictions that could prevent you working in care are, but not limited to; theft, manipulation of the elderly or vulnerable and/or any violent crimes.

WHAT ARE THE WAGES AND SHIFT PATTERNS LIKE?

Shift work is common and you may often be working evenings and weekends.

Wages will vary depending on your employer, and your level of qualifications in care.

An apprentice in Social Care could earn between £10,000 - £15,000 per year, increasing after fully qualified.

