



Prince's Trust

# xl clubs help young people achieve

**The Prince's Trust offers a range of innovative and practical measures to encourage socially and educationally disadvantaged young people to get their lives back on track. Aimed at 14 -16 year olds, the xl programme, was devised in 1998 as a way of introducing a youth work approach into the education system, both inside and outside of the mainstream.**

xl is not just an accredited learning programme for those who face the difficult and daunting transition from school to 'adult' life. It is an innovative process that aims to re-engage young people whose interest in mainstream approaches to education has waned. xl operates in 566 establishments including schools, Pupil Referral Units and Young Offender Institutions.

xl is flexible in its delivery approach and brings an informal way of working into the traditional teaching environment. Through a partnership between local education authorities, schools and The Prince's Trust, those who are at risk of long term educational disadvantage are offered the opportunity to participate in the kind of learning that is explicitly based on consultation, dialogue and participation. The young people work towards The Prince's Trust xl award, accredited by Asdan.

Link to Every Child Matters outcomes		→ STEP 1	→ STEP 2	→ STEP 3
		What does xl aim to achieve?	How will xl achieve the outcomes? What will xl deliver?	How will development be measured?
<b>E</b> njoy and achieve	Encourages young people to attend and stay in school and to meet educational standards	Provides a trained xl adviser to deliver the xl programme at regular club meetings	Improved attendance rates and qualifications	
<b>M</b> ake a positive contribution	Promotes law-abiding and positive behaviour both inside and outside of school	Supplies interesting topics for group discussion and helps develop positive relationships	Raised numbers of young people taking part in topical discussions and improved behaviour	
<b>A</b> chieve economic well-being	Helps young people move into employment or training when leaving school	Runs informative and educational sessions on the world of work	Higher number of young people attaining educational qualifications and improved job seeking skills	
<b>B</b> e healthy	Promotes physical, emotional and mental well-being	Offers classroom sessions on healthy eating	More young people consuming fruit and vegetables and taking regular exercise	
<b>S</b> tay safe	Help young people understand the effects of anti-social behaviour, bullying and violence	Provides a safe environment, free from bullying, discrimination and neglect	Increased understanding of the consequences of anti-social behaviour, drug use and violence	